



8,278

Number Of Remote
Counseling
Sessions
Apr 2025

Of which
105,816

122,844



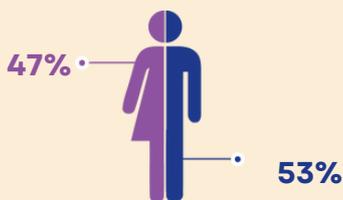
were provided for
the Gaza Strip

Total remote counseling sessions
Since OCT 7 2023

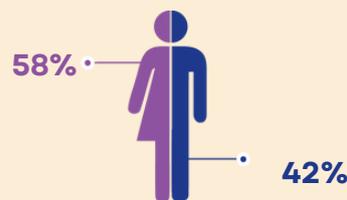
Sawa Remote Counseling Sessions on Suicide Ideation



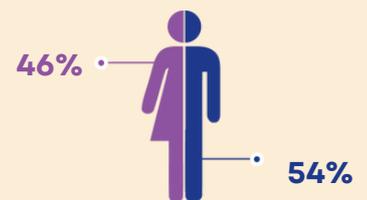
- Loss remains one of the most prominent topics. There were **148** sessions related to **grief**, an **11% increase** from the previous month.
- There were at least 32 counseling sessions where the main topics were the high prices, the **constant feeling of hunger**, and the inability of parents to feed their children.
- Helpline callers repeated that the situation in Gaza has become unbearable due to the Israeli assault and siege on the Strip. Counseling sessions on **anger** increased from Mar till Apr by **15%**.
- Venting and debriefing among callers were prominent on the helpline in April: **675 counseling sessions**, a 21% increase from the previous month.
- Bedwetting among children remained high at 62 sessions for parents on how to deal with this symptom, a 5% increase compared last month.
- Counseling sessions related to **fear and anxiety** came to 294, a 11% increase from those in March
- Counseling sessions with callers from Tulkarm increased by 147%: from 19 in Mar to 47 in Apr.
- Counseling sessions with callers from Nablus increased by 62%: from 113 in Mar to 183 in Apr.
- Sawa delivered 358 **remote medical consultations in April**.
- Physical symptoms and topics discussed by callers during medical consultations this month included those related to **pain, skin rashes, medications, pregnancy, injuries, diarrhea, dysuria, headaches, fatigue, and anemia**.
- Suicide ideation** was at 51 sessions in Apr, a 24% increase from March, mainly due to an increase from the West Bank.



REQUEST FOR
INFORMATION
(N=588)



MENTAL HEALTH &
PSYCHOSOCIAL SUPPORT
(N=3,172)



VIOLENCE COMMITTED BY
THE OCCUPATION
(N=3,555)

