

6,750

Number Of Remote
Counseling
Sessions
August 2025

Of which
129,577

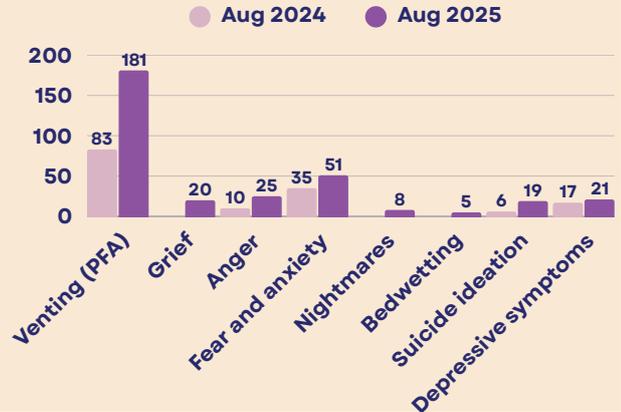
151,380



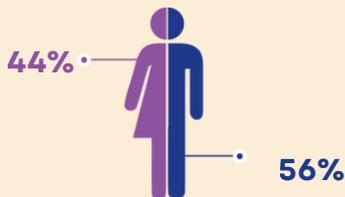
Total remote counseling sessions
Since OCT 7 2023

were provided for
the Gaza Strip

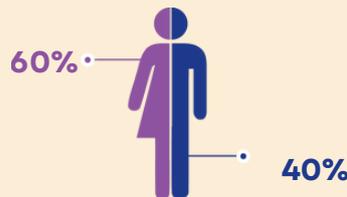
Sawa Remote Counseling Sessions Aug 2024 vs Aug 2025 - MHPSS Needs Steadily increasing in the West Bank



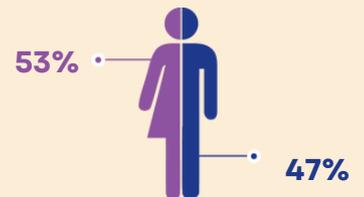
- In 2025, Sawa has made **8,457 referrals** on the helpline. Though small amounts of aid entered this month, Gaza is being starved by Israeli forces; majority of callers from Gaza grieve their inability to feed their children.
- There were **150** sessions related to grief in the month of August for Gaza.
- MHPSS sessions for children have increased by **130%** from Aug 2024 (N=149) to Aug 2025 (N=343).
- There was a **15%** increase in calls related to anger in both Gaza and the West Bank.
- There were **680 venting and debriefing sessions, 3% higher than last month, from both the Gaza Strip and the West Bank;** showing a continuous demand from callers for MHPSS.
- Sessions increased from July to August for the **Jerusalem (+7%), Hebron (+9%), Jenin (+13%) Bethlehem (+21%), Tulkarim (+53%), and Salfit (+82%),** governorates.
- Counseling sessions with academic challenges were up by **80%** since last month. Students from Gaza took Tawjihi exams, noting their experience and stress on the helpline.
- There were **51** sessions related to **suicide ideation**, remaining a frequent topic on the helpline. Sawa also prepared for September, Suicide Awareness Month, anticipating more calls after this social media campaign.
- Sawa delivered **373** remote medical consultations in August. Some of the most prominent topics discussed were in the medical consultations were pain, bedwetting, injury, smoking cessation, skin conditions, and fatigue.



REQUEST FOR
INFORMATION
(N=422)



MENTAL HEALTH &
PYSCHOSOCIAL SUPPORT
(N=3,008)



VIOLENCE COMMITTED BY
THE OCCUPATION
(N=2,320)

Sawa is the main reporting channel for SEA claims in Palestine. If you suspect or have experienced sexual exploitation or abuse by a humanitarian worker, call our toll-free numbers. Confidentiality and anonymity are guaranteed.

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