



**7,201**

Number Of Remote  
Counseling  
Sessions  
July 2025

Of which  
**124,136**

**144,623**



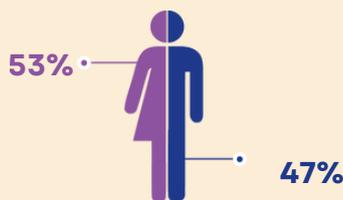
Total remote counseling sessions  
Since OCT 7 2023

were provided for  
the Gaza Strip

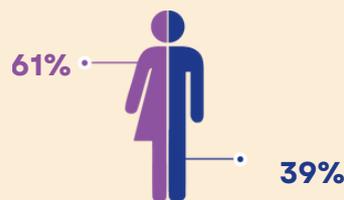
Sawa Remote Medical Consultations 2025



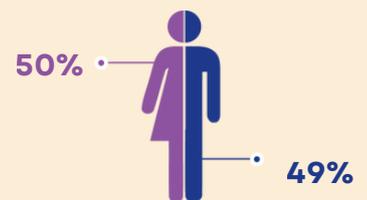
- There were **194** sessions related to **grief** in the month of July 2025 – 27% higher than June last month.
- Gaza is being starved by israeli forces;** with more than 90% of callers from Gaza grieving their inability to feed their children under the israeli military assault and siege on the Strip.
- There were many stories of families discussing a **loved one going out in search of material aid and not returning.**
- Sawa responded by providing numbers or links for registration, in **2025 making 7,841 referrals** to increase access to credible material aid as provided by agencies like WFP and coordinated by the MoSD.
- There were **663 venting and debriefing sessions, 14% higher than last month:** showing a continuous demand from callers for MHPSS.
- Parents continued to receive **support on how to deal with their children's trauma and symptoms:** sessions were up by **72%** compared to last month.
- There were 60 sessions related to suicide ideation, remaining a frequent topic on the helpline.
- Counseling sessions related to **fear and anxiety** came to **262, up by 11% from last month.**
- Sessions increased from June to July for the **Tubas (+3100%), Bethlehem (+950%), Jerusalem (+146%), Tulkarim (+57%), Nablus (+18%), and Hebron (+15%)** governorates.
- Sawa delivered **586** remote medical consultations in July, a **96% increase compared to last month.**
- July marked the highest number of medical consultations given by Sawa in a single month this year.** The highest number of consultations were for Gaza, followed by Yemen, then Egypt, the West Bank, and Lebanon.
- Some of the most prominent topics discussed were requests to find **medications** in Gaza, as well as **skin and abdominal symptoms.** Smoking cessation was the most prominent symptoms requested of contacts from Yemen especially.



REQUEST FOR  
INFORMATION  
(N=436)



MENTAL HEALTH &  
PYSCHOSOCIAL SUPPORT  
(N=3,208)



VIOLENCE COMMITTED BY  
THE OCCUPATION  
(N=2,726)

Sawa is the main reporting channel for SEA claims in Palestine. If you suspect or have experienced sexual exploitation or abuse by a humanitarian worker, call our toll-free numbers. Confidentiality and anonymity are guaranteed.

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