



8,095

Number Of Remote
Counseling
Sessions
Mar 2025

Of which
98,813

were provided for
the Gaza Strip

114,572

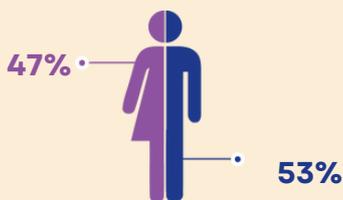
Total remote counseling sessions
Since OCT 7 2023



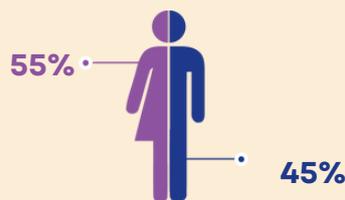
Sawa Remote Counseling Sessions With Women



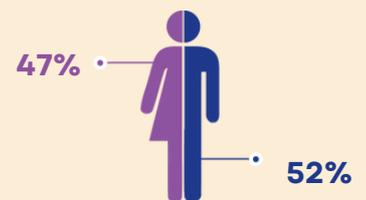
- 1 There was a 5% increase in counseling sessions from February to March.
- 2 March coincided with the Holy Month of Ramadan, where callers emphasized the loss and absence of their loved ones. There were **140** sessions related to **grief**, a **17% increase** from the previous month.
- 3 Callers in Gaza emphasized the pain and frustration of being deprived of basic resources and prices going up. Counseling sessions on **anger** increased from Feb till Mar by **15%**.
- 4 There was a 18% increase from Feb to Mar in requests from parents for support on how to deal with their children and their behaviors.
- 5 Bedwetting among children remained high at 59 sessions for parents on how to deal with this symptom, a 195% increase compared to March last year.
- 6 With the return of the Israeli assault after March 18, counseling sessions related to the **fear and anxiety** came to 265, a 10% increase from those in February.
- 7 Counseling sessions with callers from Tulkarm increased from 5 in Feb to 20 in March.
- 8 Sawa delivered **375 remote medical consultations in March**. This is a **11% increase** from the previous month.
- 9 Physical symptoms and topics discussed by callers during medical consultations this month included those related to **pain, medication, scabies, headaches, injuries, bloating, menses, soreness, dysuria, and pregnancy**.
- 10 **Suicide ideation** was at 41 sessions in Mar, a **41% increase** from last month's 29 suicide ideation sessions.



REQUEST FOR
INFORMATION
(N=690)



MENTAL HEALTH &
PSYCHOSOCIAL SUPPORT
(N=2,637)



VIOLENCE COMMITTED BY
THE OCCUPATION
(N=3,841)

Sawa is the main reporting channel for SEA claims in Palestine. If you suspect or have experienced sexual exploitation or abuse by a humanitarian worker, call our toll-free numbers. Confidentiality and anonymity are guaranteed.

Ramallah Office: Tel: +970 2 241 8100 | Jerusalem Office: Tel: +972 2 532 4122 | Email: info@sawa.ps

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