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خائف؟ متوتر؟ قلقان؟  
سوا معك ليل نهار بتسمعك

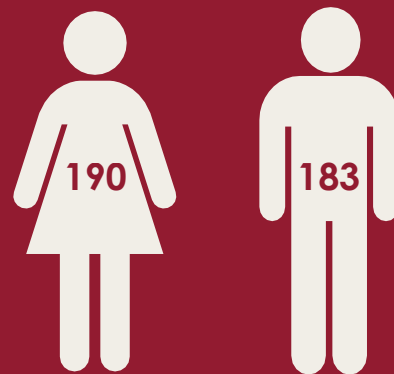
## SAWA ORGANIZATION-121 Emergency Helpline Update

Sawa's 121 Helpline Listening Center, now currently operating under an emergency protocol, is operating 24/7 to meet the MHPSS, medical and legal support needs, of our fellow Palestinians struggling with the negative impacts of COVID-19.

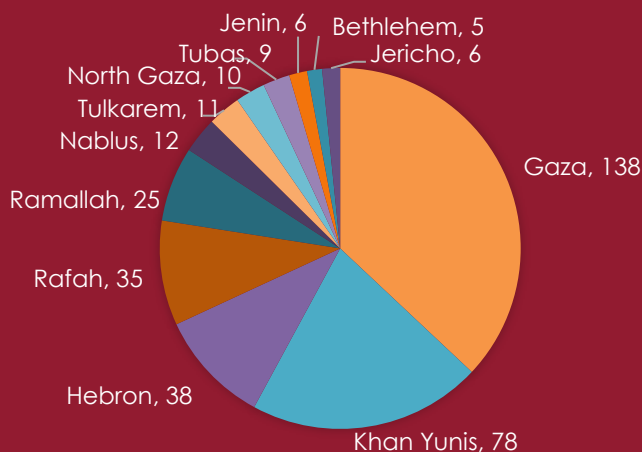
During the first 2 weeks of July, Sawa documented 373 counseling sessions. Of these sessions, 33% of cases were regarding abuse and violence, and 29% regarding MHPSS due to increased fear and anxiety amongst females ages 16-18, and men ages 26-35.

Sawa's social media campaigns have been encouraging the public to take the health precautions stated by the Ministry of Health. In total, Sawa has reached 261,326 people through our Facebook and Instagram pages in these 2 last weeks, alone. Lastly, Sawa has launched the Annual One Minute Film Competition, themed *Different but Equal* to combat violence caused by various forms of discrimination.

Total number of calls documented from **July 1 to July 15, 2020:**



### Calls by City



### COVID-19 and Physical Health



### Abuse and Violence Cases



### MHPSS Cases



### Calls by Gender and Age

