



الرقم المجاني 121
من جوال أو هاتف أرضي

القدس 1800500121

+972594040121

خائف؟ متوتر؟ قلقان؟
سوا معك ليل نهار بتسمعك

SAWA ORGANIZATION-121 Emergency Helpline Update

Sawa's 121 Helpline Listening Center has been operating under an emergency protocol for seven months now. The helpline is active 24/7 to meet the MHPSS, medical and legal support needs of our fellow Palestinians struggling with the negative impacts of COVID-19.

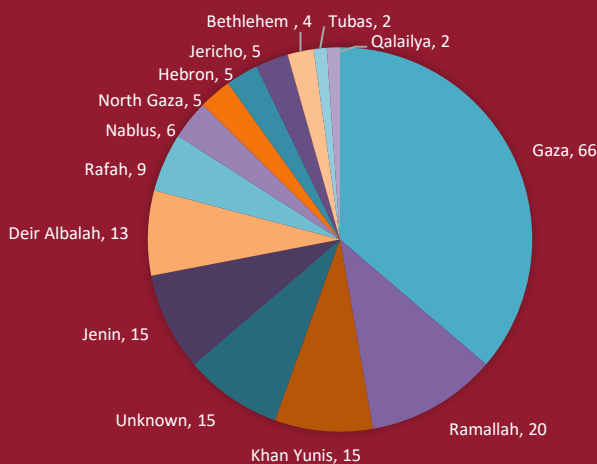
During the first two weeks of October, Sawa documented 182 counseling sessions, 60% being from Gaza. 36% of the callers were from women aged 21-55 who suffer from the continuous contact with the aggressor in their homes, mainly in Gaza. 32% of the calls came from young men (16-25) who suffer from the built-up stress and pressure due to the lack of mobility and restrictions that impact negatively on their lifestyle. The calls from Ramallah and Al Bireh were double as many as in September mainly due to abuse, violence and family relationship. Three new suicide attempted were recorded; two from Gaza and one in Ramallah.

This month SAWA has launched a new campaign called 'Education without Borders - A Computer for Every Child', to support online education. You can donate your computer, laptop or tablet. That will be distributed to children in need in 13 Palestinian Schools. You can make your donation by filling the online form.

Total number of calls documented from **October 1 – October 15 2020:**



CALLS BY CITY



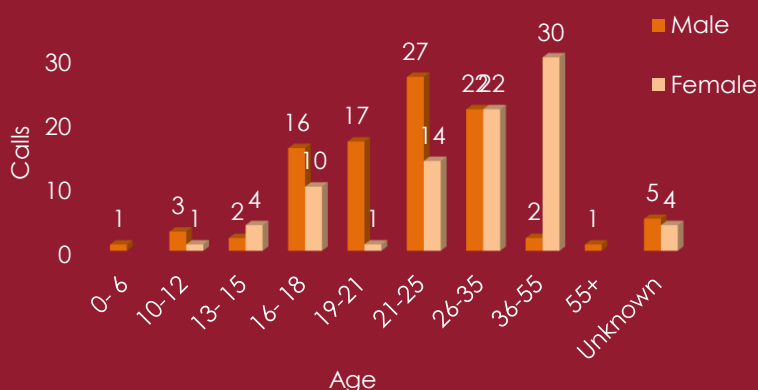
COVID-19 and Physical Health



Abuse and Violence Cases



Calls by Gender and Age



MHPSS Cases

